

Parish of St Mary and St George, Totnes
4th Week of Lent – Laetare Sunday
14th March 2021

Parish Priest: Fr Louis Rieunier

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<u>Mass times this week</u>		
Sunday 14th March	10:30am	<i>People of the Parish</i>
Tuesday 16th March	9:00am	<i>Priest's Intention</i>
Thursday 18th March	10:00am	<i>Dorothy Bartlett (RIP)</i>
Friday 19th March	9:00am	<i>St. Joseph</i>

All Masses Livestreamed visit www.totnesrcparish.org.uk/mass-times/ click on 'Facebook Livestream'

Confession – Sundays in Lent 4.30 – 5.00pm or on request.

This Sunday is Mothering Sunday and so we pray for all mothers that the good Lord will bless them with an abundance of grace. We also pray for mothers who have passed away that they may receive their heavenly reward.

Stations of the Cross

Every Sunday at 4pm during Lent. Join us in church or online, go to our website totnesrcparish.org.uk/mass-times/ click on 'Facebook Livestream'.

Prayers for the Sick Please hold in your prayers: **Robert Y. Amil, Robert M. Amil and Family, Ken Thomas**

A Collection for Easter Flowers Please do contribute if you can to this collection to help make the church look beautiful for the Easter Festival. You can place money in the basket at the back of church marked "**FLOWERS**". Many thanks for your support.

'Seeds of Faith' 40 Day Challenge for Lent

Our 'Seeds of Faith' group have again produced a postcard for Lent with challenges! Due to COVID-19 we cannot distribute the cards at Mass, or on the street. Some cards will be available in the narthex or there is a PDF included in the emailed newsletter.

Travelling Lent Together

Please join 'Seeds of Faith' for parish time of reflection. We'll meet via Zoom **every Tuesday at 7pm during Lent** for an hour and a half to reflect on one of the Mass readings for the following Sunday. All are welcome email Liz Allott if you want to attend: lizallott@gmail.com

Caritas Lent Resources

Caritas Plymouth has developed some resources for individual, group and parish reflection during Lent 2021. The resources include podcasts, links to websites and ideas for reflection during Lent, with a focus on Catholic Social Teaching <https://www.plymouth-diocese.org.uk/wp-content/uploads/2021/02/Lenten-2021-Resources.pdf>

Totnes Connection Hub - Food Bank

2a Burke Road, Totnes Industrial Estate 01803 840350 Open Tues. – Fri. 10am to 12:30pm

Food donations can also be dropped off at Morrison's (near the Customer Service desk)

Another way to help is to donate through our bank account : Sort Code: 30-98-69 Account: 34388868

CAFOD's Walk for Water Challenge

Every day Abdella walks 10 miles to collect water for his family, you can see a video of his daily walk

www.youtube.com/watch?v=bjpUxg7fRmq CAFOD's challenge is to walk 10,000 steps, or your own challenge, very day in Lent. You can join in on the parish [team page](#)

or donate to Anthony just giving page. <https://walk.cafod.org.uk/fundraising/anthony-and-lizs-walk>

Thank you to those who have supported us already.



An Invitation from Caritas Plymouth – Growing our Justice and Peace Work

- Are you concerned about injustice in our world?
- Do you feel the need to take action and make your voice heard?
- Would you like support and encouragement?
- Are you already taking action and want to inspire others?



If the answer is yes, then please get in touch with Caritas Plymouth. We are looking to grow the Justice and Peace activities in the Diocese of Plymouth to offer

- Connections between existing Justice and Peace groups to share ideas
- Opportunities for action,
- Access to related agencies,
- Friendship, solidarity and mutual support.

If you are interested in finding out more please contact Deborah, the Caritas Manager, on 01364 645421 or email caritas@prcdtr.org.uk

Days of accompanied prayer/Online individually guided retreats

A reminder that the Plymouth Diocesan Ignatian Spirituality Group continues to offer one-to-one days of accompanied prayer i.e. online individually guided retreats for three, four, five or six days. (Available via phone also) to suit people's individual circumstances. Members of the Ignatian Spirituality Group are experienced guides, who have received training in relation to Ignatian spirituality and include priests, deacons and lay people. Dates can be arranged to suit individuals. **For further information or to book, contact the Diocesan Ignatian Spirituality Group by email diocesan-ignatian-retreats@prcdtr.org.uk or telephone: 01752769164 or 07823447637**

There may be many who need to explore, make sense and reflect on the presence of God in their everyday lives, during the present challenging times, or perhaps in the more painful moments experienced recently. A number of people including those working from home have found this a valuable opportunity, including those who were new to the experience. Guides are also available for online Weeks of Accompanied prayer, which may be organised in your parish in the future.

Joanna Price

Diocesan Ignatian Spirituality Group

Counselling Helpline in Diocese

This is not a Coronavirus helpline – for any questions regarding COVID-19 please go to NHS 111. However, you may find the counselling helpline useful in other circumstances. It can be used for yourself, by family residing at the same address and for clergy. It is provided through our Catholic Insurance Service; it is the

Cigna Scheme for the Dioceses of England. The Scheme number is 70258. Phone: 0330 0580960, press option 5 for the Counselling Service. It is completely confidential.

SAFEGUARDING

Diocesan Safeguarding Office

The Diocese of Plymouth Safeguarding Team is available on:

01364 645430 or by email on: safeguarding@prcdtr.org.uk

Safe Spaces

The Safe Spaces Team is there for those who have experienced church-related abuse of any kind through its helpline and live chat:

Phone: **0300 303 1056** Email: safespaces@victimsupport.org.uk

LiveChat: www.SafeSpaceEnglandandWales.org.uk

Website: www.SafeSpaceEnglandandWales.org.uk

NEW ONLINE PATCHWORK PARENTING COURSES LAUNCHED

Following feedback from parents earlier this year, we have now set up our 'Parenting through the Primary Years' and 'Hormones and Harmony' courses online to be run in the evenings from the beginning of March. These online courses are designed to be open to everyone as they are Diocesan wide, rather than school specific and we are hoping by offering courses in the evening, more parents will be able to access our free support. These online courses have been advertised on our CCSP Facebook page and have been sent out through the CAST school network.

Catholic Children's Society (Plymouth) *Supporting family life across Devon, Cornwall and parts of Dorset*



Parenting through the Primary Years

Sign up for the 10am or 8pm sessions by 14th March. Email: sarah.watts@prcdtr.org.uk

- 17th Mar. A parent is a person too
- 24th Mar. Every child is different
- 31st Mar. The feel-good factor
- 21st Apr. Encouraging good behaviour
- 28th Apr. Behaviour we don't like
- 5th May Safety & independence

Hormones & Harmony – The Teenage Years

Sign up for the 10am or 8pm sessions by 14th March. Email: sarah.watts@prcdtr.org.uk

- 18th Mar. the situation we face as parents
- 25th Mar. It's tough being a teenager
- 1st Apr. Responsibility, choice and boundaries
- 22nd Apr. Better communication
- 29th Apr. Managing conflict
- 6th May Sex, drugs and rock and roll

KEEPING TOGETHER 'VIRTUALLY' Initiatives to support each other during the pandemic.

Parishioners coffee morning, Zoom

Our coffee morning is online, on Zoom once a fortnight, on a Thursday morning, starting at 11am, with Zoom being opened at 10.30am. Anyone is welcome to join in this social gathering. If you would like a Zoom invitation, please email Liz on: liz.allott@gmail.com The next coffee morning is on Thursday 25th March

Music Reflections, Wednesday 10-10.30am, Zoom

In our Music Reflections, we meet on Zoom to contemplate the themes for the coming Sunday. We use music, scripture readings, and prayers to reflect on these themes together. If you would like to be on our mailing list, please contact Gemma (splitnotes@hotmail.com) or Isabelle (isabellecosgrave@hotmail.com).

Friday 6pm Prayer group on Zoom

At the end of each week we gather with prayer and music, praying together for our needs and giving thanks for our blessings. Currently, unsurprisingly, this takes place via Zoom. All are very welcome, occasionally or regularly. To be added to the invitation list please contact Gemma on splitnotes@hotmail.com

Centering Prayer Thursdays at 7pm, Zoom

Twenty minutes with God in silent prayer. For further details and for the Zoom link please contact: Maria Luisa on libertadpolanco@hotmail.com

Dropbox

Here is the link for our coffee morning dropbox.

<https://www.dropbox.com/sh/3vg0b64j03putg7/AADv43MdQ5tnMRyYMzXZSB3ua?dl=0> Please email anything to add to it to Gemma splitnotes@hotmail.com in a form that can be easily uploaded. Lots of things are there already- probably more since you last looked. Please keep adding to it and enjoying it.

Gardening group

We meet on the first Monday of the month, 10.00 - 12 noon. However, the national lockdown means that this group will have to stop until the rules change.

MARRIAGE MATTERS (www.twainoneflesh.org.uk)

Fourth Sunday of Lent (2 Chronicles 36: 14-16, 19-23 Ephesians 2: 4-10 John 3: 14-21)

Called to be a 'sign'

The world often ridicules marriage saying 'it's just a piece of paper', but Scripture draws attention to God's powerful message. St. Paul says: "*We are God's work of art; created in Christ Jesus to live the good life as from the beginning He had meant us to live it.*" Let us shine out so the world sees what it's missing.

POPE FRANCIS@PONTIFEX 8th March 2021



I would like to say a heartfelt thank you to all the women, especially the women of Iraq, courageous women who continue to give life, in spite of wrongs and hurts. May women be respected and protected! May they be shown respect and provided with opportunities

